



July 10th 2017

Monday Club Funding

Dear Parent/Carer

At the Open Evening in April I promised to let you know how we got on with fund raising. I am pleased to be able to tell you that we have been given a grant by The Big Lottery Awards for All fund of just under £10,000 for a project called Passport to Health and Wellbeing. The grant lasts for a year and is designed to try and overcome the poorer life expectancy those with an Autistic Spectrum Condition experience. The project will provide a variety of activities for Club members to encourage them to become more active as well as improving their mental health by offering classes in yoga, Tai chi and meditation. We will also offer classes in cooking, shopping, budgeting and food safety to encourage healthy eating. We are very excited about the project and plan if we can show through robust evaluation to ask the NHS to continue the funding at the end of the year as part of their remit for improving support for those on the spectrum required by NHS England.

We hope that you will encourage your son or daughter to take part in some of the activities to help the project be a success. We shall shortly be advertising for a Project Leader to develop ideas and activities and we shall be consulting members on what they would like to happen.

Parent Board Members

The board has worked hard supporting our staff and finding funds to allow the Club to continue providing activities that members value and enjoy. We want parents and carers views to be heard at our Board meetings and would welcome parents and carers joining the Board. We only meet every other month so it will not take a lot of your time. Please contact me if you would like to know more.

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