



## **Build your independence with our Bridge programme**

Do you want to start to live more independently? Are you keen to do more for yourself?

Come on our Bridge programme and we will encourage and support you to do things you've previously had others do for you. We will help you try new things so that you gain in confidence and develop the skills you need to lead a fulfilling adult life.

## **Be part of busy College life on our Flexible Futures programme**

Our Flexible Futures programme is designed for young adults who want to join in our activities and be a part of busy College life. You will be in one of our enterprises, which are our College businesses operated by students. One day you could be serving food in the cafeteria, another day you could be printing bags to sell in the College shop. There is a whole host of activities that you can choose.

## **Want to try somewhere new for your short break or respite?**

Fancy a few days away? Why not join us. We offer breaks in our modern Stan Bell Centre residences. We can offer you a 24-hour service with waking night staff on hand to provide full care support. We can arrange a package to meet your needs from evening activities to short breaks.

Join our College, meet new people, build your confidence, do new things and have fun.

## **Want to find out more about what we can offer?**

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